



FIRST AID ACTION PLAN

This is an example of an Action Plan which you can adapt to your child's needs. Note: When preparing this information, we suggest you use a large font size (eg.14), as a First Aid Action Plan is usually displayed on a wall.

Child's name.....

CONTACT 1: Mother's name: _____
Phone Numbers: BH: _____
AH: _____
Mobile: _____

CONTACT 2: Father's name: _____
Phone Numbers: BH: _____
AH: _____
Mobile: _____

| |
|-------|
| PHOTO |
|-------|

You should add any specific first aid under these headings after consultation with your doctor.

1. Bruises or abrasions:
2. Minor/Major Cuts:
3. Broken Bones:
4. High Temperature:
5. Cough/shortness of breath:
6. Chest pain:
7. Lethargy:
8. Arrhythmias:
9. Fainting/Collapse:
10. Dental Care:
 - Heart children require antibiotic prophylaxis before any dental work can be undertaken and the work must have parental permission.
 - See Heartkids dental brochure for details.
11. Hypothermia

Teachers please note:

- (i) If you have any queries or questions, please don't hesitate to contact a parent for advice.
- (ii) No medication is to be administered to a heart child without prior approval from a parent.